



Joanne Enslin  
and associates  
CranioSacral therapy



## CranioSacral Therapy Courses 2012

### **CRANIOSACRAL THERAPY I – UPLEDGER INSTITUTE**

A world-renowned educational and research organisation, Upledger CranioSacral Therapy is used to treat headaches and migraines, neck and back pain, TMJ dysfunctions, chronic fatigue, motor co-ordination problems, hyperactivity, dyslexia, colic, feeding and sleeping problems, and difficult to treat cases.

#### **Cape Town | CEU's: 24**

DATE: 04 to 07 February 2012  
COST: R 6,800.00 (early bird special R 5,800.00 for payment before 20 June 2011)  
VENUE: Camelot International, The Ghion Building, Tygervalley, 7530, CPT

---

### **CRANIOSACRAL THERAPY II – UPLEDGER INSTITUTE**

The follow-up course to CranioSacral Therapy I.

#### **Johannesburg | CEU's: 24**

DATE: 09 to 12 February 2012  
COST: R 6,800.00 (early bird special R 5,800.00 for payment before 20 June 2011)  
VENUE: Camelot International, No. 7 Corner 7<sup>th</sup> Street & 11<sup>th</sup> Ave, Houghton, JHB

---

### **UPLEDGER INSTITUTE CRANIOSACRAL PEDIATRICS WORKSHOP**

The follow-up on SER.

#### **Johannesburg | CEU's: 24**

DATE: 15 to 18 March 2012  
COST: To be confirmed  
VENUE: Camelot International, No. 7 Corner 7<sup>th</sup> Street & 11<sup>th</sup> Ave, Houghton, JHB

---

**FOR BOOKINGS & ENQUIRIES FOR THE ABOVE, CONTACT JOANNE ENSLIN-DE WET:**

Telephone: 011 883 3422 / 011 883 5751

Fax: 086 684 4959

E-mail: [joanneenslin@mweb.co.za](mailto:joanneenslin@mweb.co.za)

Websites: [www.craniosacral.co.za](http://www.craniosacral.co.za) / [www.pilates.co.za](http://www.pilates.co.za) / [www.sandtonphysiotherapy.co.za](http://www.sandtonphysiotherapy.co.za)

Address: Rochester Place, Block D, Ground Floor, 173 Rivonia Road, Sandton, Johannesburg

## DISCOVER CRANIOSACRAL THERAPY

### How is CranioSacral Therapy Performed?

CranioSacral Therapy is a gentle non-invasive manipulative technique. Examination is done by testing for movement in various parts of the body. Trained therapists are able to palpate the motion of the CranioSacral system anywhere in the body.

### How Does CranioSacral Therapy Help You?

Because each of us produces our own different reactions to stress and loss of healing capacity, we each present our own unique combination of ailments, pains and dysfunctions i.e. pain, reduced mobility, low energy, headaches, migraines, jaw problems, neuralgia, learning difficulties, menstrual and menopausal problems. In newborns, infants and children, colic, hyperactivity, feeding and sleeping problems, and faulty development are often helped by CranioSacral Therapy.

### How does our programme suit you?

Arranged in five principal stages, the programme is built around a series of four day intensive workshops. All course material is written and organized by Dr John Upledger, recognized worldwide for his research involving cranial techniques and for his subsequent development of CranioSacral Therapy. Your workshop will be conducted by an Upledger Institute Certified Instructor, a practicing healthcare professional who has completed our extensive programme of preparation addition to training directly with Dr Upledger and undergoing years of study.

For further information please see [www.craniosacral.co.za](http://www.craniosacral.co.za) or [www.upledger.com](http://www.upledger.com)